# Factors That Shape You.

The people & institutions around us shape many of our needs, values, personality traits, & desires. This task helps you examine how various outside factors have helped shape who you are. For each outside factor mentioned, describe how it has influenced you.

## Parents/Guardians.

Your parents/guardians influence you in many different ways. How have they helped shape who you are?

#### Friends.

Your peers also have a great influence on who you are. How have some of your friends helped shape you?

## School & extra-curricular activities.

Your teachers, coaches, & community workers can make an impact on what makes you unique. How have these people helped shape who you are?

## Media.

The TV shows you watch, the actors you admire, the computer games you play, the films you see, & music you listen to also influences your likes & dislikes. How has the media shaped you?