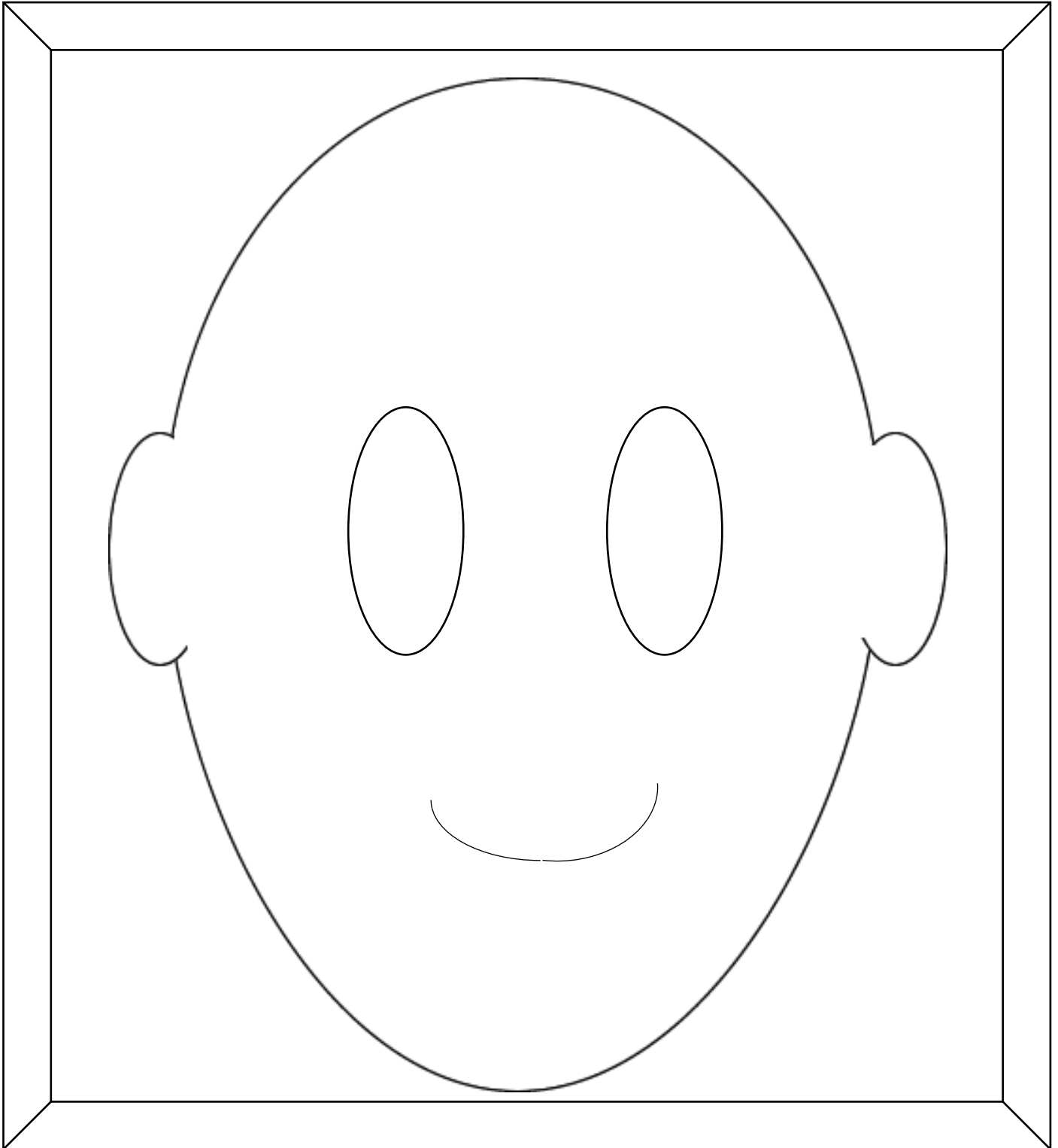


Personal Review - Look at Me.

So how is it going? How do you feel? Have you changed during the course? Looking in the mirror now, what do you see/believe? In the mirror below put down the positives & changes you feel & recognise in yourself & your life. You can add to this whenever.



What level of attendance concern would you place yourself at from a scale of 1 (poor) to 10 (good)?

1 2 3 4 5 6 7 8 9 10

I am most proud of...

Moving on.

Write below the one main thing that you have learnt from challenging yourself & your actions.

Think about your attendance concerns now, & the things you have discovered about yourself which will help. Complete your Attendance Profile below. If you prefer you can do an Attendance Profile Poster or illustration if you feel you need to write more detail.

My Personal Attendance Profile

My no-attendance/ truancy mostly triggered by...

People (say who) ...

Feelings (say what) ...

Situations (describe one) ...

My signposts are usually...

Consequences for losing days off school...

I can stay in school by....

People can help me by...

I have learned to...

I feel good by...

'Remember we cannot command our life but we can command our actions'.