

# Personal Development - Relationships

## CERTIFICATE of Completion

FIGHT  
MENTAL  
HEALTH  
CLUB

Proudly Awarded to:

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Congratulations on completing the Personal Development Course.  
Continue to put into place the many techniques & strategies you've  
developed, & always remember Rule #1.

#1 RULE TALK ABOUT IT

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Key Worker

*Dave Sedhouse*  
Virtual Mentor