

Activity - Types of Abuse.

Complete the table below by ticking which type of abuse you think each one is. You can use the card activity version in conjunction with this.

	Emotional	Financial	Isolation	Physical	Threats	Sexual
Hitting, punching, pushing, or kicking.						
Making someone do sexual things that do not want to do or raping them.						
Telling the person what to and not to wear.						
Threatening to leave them or throw them out, threatening to commit suicide if they leave.						
Stopping someone from seeing friends and family, not allowing the person to have social media accounts or a phone.						
Taking a person's money or getting them to ask for money.						
Throwing or smashing things.						
Stopping them from going to school, college or having a job.						
Making the person afraid by using looks and gestures.						
Not allowing them to work and earn money.						
Putting someone down and making them feel bad about themselves – calling them fat, ugly, stupid.						
Calling the person, a slag, slut, whore, or telling them that they are 'frigid'.						
Biting, slapping, hair pulling.						
Pressuring them to send naked pictures when they do not want to.						
Saying they will hurt or kill them, someone precious to them or their pet.						
Sexual touching, kissing when the other person does not want to, is asleep or too drunk.						
Burning, strangling, stabbing, murder.						
Always lying to them, ignoring them, not giving any affection.						
Making the person afraid by using looks and gestures.						
Checking up on where they are and what they are doing, timing a person when they are out, making them explain where they were.						
Punching the wall, smashing windows.						
Threatening to tell other people their secrets or send their pictures or messages.						

Discuss this with the group or Course Leader & look at the Answer Sheet. Did you get them right? Mark your table above & put the correct answers in a different coloured pen.

Activity - Types of Abuse.

Complete the activity by putting them into categories of abuse you think they are. –
Financial abuse, threats, sexual abuse, physical abuse, isolation, and emotional abuse/control.

Hitting, punching, pushing, or kicking.

Making someone do sexual things that do not want to do or raping them.

Telling the person what to and not to wear.

Threatening to leave them or throw them out, threatening to commit suicide if they leave.

Stopping someone from seeing friends and family, not allowing the person to have social media accounts or a phone.

Taking a person's money or getting them to ask for money.

Throwing or smashing things.

Stopping them from going to school, college or having a job.

Making the person afraid by using looks and gestures.

Not allowing them to work and earn money.

Putting someone down and making them feel bad about themselves – calling them fat, ugly, stupid.

Calling the person, a slag, slut, whore, or telling them that they are 'frigid'.

Biting, slapping, hair pulling.

Pressuring them to send naked pictures when they do not want to.

Saying they will hurt or kill them, someone precious to them or their pet.

Sexual touching, kissing when the other person does not want to, is asleep or too drunk.

Burning, strangling, stabbing, murder.

Always lying to them, ignoring them, not giving any affection.

Making the person afraid by using looks and gestures.

Checking up on where they are and what they are doing, timing a person when they are out, making them explain where they were.

Punching the wall, smashing windows.

Threatening to tell other people their secrets or send their pictures or messages.

Abuse Pile-up Base Cards.

**Emotional Abuse /
Control**

Financial Abuse

Isolation

Physical Abuse

Threats

Sexual Abuse

Activity - Types of Abuse Answers:

PHYSICAL ABUSE-

Hitting, punching, pushing, or kicking.

Biting, slapping, hair pulling.

Throwing or smashing things.

Punching the wall, smashing windows.

Burning, strangling, stabbing, murder.

SEXUAL ABUSE-

Making someone do sexual things that do not want to do or raping them.

Calling the person, a slag, slut, whore, or telling them that they are 'frigid'.

Pressuring them to send naked pictures when they do not want to.

Sexual touching, kissing when the other person does not want to or is asleep or is too drunk.

EMOTIONAL ABUSE/ CONTROL-

Telling the person what to and not to wear.

Putting someone down and making them feel bad about themselves – calling them fat, ugly, stupid.

Always lying to them, ignoring them, not giving any affection.

Checking up on where they are and what they are doing, timing a person when they are out, making them explain where they were.

THREATS-

Threatening to leave them or throw them out, threatening to commit suicide if they leave.

Making the person afraid by using looks and gestures.

Saying they will hurt or kill them, someone precious to them or their pet.

Threatening to smash things.

Threatening to tell other people their secrets or send their pictures or messages.

ISOLATION-

Stopping someone from seeing friends and family, not allowing the person to have social media accounts or a phone.

Stopping them from going to school, college or having a job.

Not letting the person talk to their friends or family on the phone or on social media.

Going everywhere with them.

FINANCIAL ABUSE-

Taking a person's money or getting them ask for money.

Not allowing them to work and earn money.

Making a person give them all their money or making them pay for everything all the time.

Making all the decisions about how to spend the money.